

# Celebrity News: Jack Osbourne Allegedly Punches Estranged Wife's New Boyfriend



By Rhodesia Williams

In [celebrity news](#), an upset Jack Osbourne has recently gotten himself into some trouble just months after his split from wife Lisa. According to *UsMagazine.com*, Jack Osbourne has been going through a [celebrity break up](#) from his estranged wife, Lisa. Apparently, Osbourne went to talk to his wife when her boyfriend showed up. After a heated argument, Osbourne punched him. The [celebrity couple](#) say that although their [celebrity relationship](#) is over, they will continue to co-parent and enjoy their kids.

# In celebrity news, Jack Osbourne apparently isn't a fan of his estranged wife's new beau. What are some ways to handle jealousy coming from an ex moving on?

## Cupid's Advice:

Moving on after a break up is always hard. Some take it better than others, so it is important to consider your ex partner's feelings. Cupid has some advice on how to handle jealousy from an ex:

**1. Stay away:** The easiest and safest way to handle a jealous ex is to stay away! While you don't have to hide like you're in the Witness Protection Program, keeping your distance may be best. Everyone is different, so you can't know for sure how your ex feels. Running when you see them is a bit too much but if you deliberately go looking to see your ex, just be prepared for anything that may happen. If you are seeing someone else, please heed this warning. You know what they say... "If you knock on the Devil's door, he will answer." Be smart and be safe.

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**2. Respect the break up:** For whatever reason, your relationship unfortunately ended. For you and your partner, it is important to respect your break up. Showing respect towards your ex could ease the tension and may help your partner to move on. Parading a new flame around too soon may egg your ex on and cause a huge, unnecessary commotion. Keep the peace and have respect.

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**3. Stay quiet:** If your ex is acting out, sometimes the best response is no response. Not every action deserves a reaction. Whether your ex is genuinely upset or purposely trying to hurt you, keep calm and continue on. Eventually, your ex will get tired of not being answered and will hopefully work on healing themselves. Silence is the loudest answer you can give.

**What are some ways to handle a jealous ex? Share below.**