## Celebrity Baby News: Eva Longoria Welcomes a Baby Boy with Jose Bastón





By <u>Haley Lerner</u>

In <u>celebrity baby news</u>, Eva Longoria and her husband Jose Bastón welcomed a baby boy into the world on June 19. According to *Us.Hola.com*, the <u>celebrity couple</u> named their son Santiago Enrique Bastón. The proud parents told the publication "We are so grateful for this beautiful blessing." Longoria first confirmed her pregnancy last December and debuted her baby bump in Miami Beach soon after. The *Desperate Housewives* actress has been looking forward to becoming a mother for a while, as she told *EOnline.com*, "I can't wait to meet him. I just can't wait to see what his personality is

like, what he looks like, how much hair he's going to have. There's so much to look forward to, and it's becoming more real every day."

## In this celebrity baby news, Eva Longoria is now a mother! What are some ways to prepare yourself for motherhood?

## Cupid's Advice:

Having a baby is exciting, but also nerve-wracking! Cupid has some tips to prepare yourself for motherhood:

1. Ask for help: Before having your child, don't be afraid to reach out to family and friends for help. Ask those who already have children what their experience was like and have them give you any advice you may need. Also, the people closest to you can help you with shopping, doctors' visits and more leading up to your due date to help make the whole process easier for you.

Related Link: <u>Celebrity Baby News: Eva Longoria is Pregnant</u> with Her First Child!

2. Have "me" time: It's important that before becoming a mom, you take advantage of your child-free life. Spend some quality time with yourself and go shopping, have a spa day and enjoy your favorite television shows. You need to practice some self-care before bringing a new life into the world.

Related Link: Eva Longoria Talks Celebrity Wedding and Future
Baby Plans

3. Connect with your partner: While you and your partner will soon be parents, it's important you two connect with each

other before things get very hectic. Make sure to spend some quality time with your beau before your baby is born!

Have any more tips on how to prepare for motherhood? Comment below!