

# Movie Review: Dance along to 'Mamma Mia! Here We Go Again'



y [Haley Lerner](#)

In this entertaining comedy, which releases in theaters on July 20, 2018, 10 years after the events of *Mamma Mia!*, Sophie (played by Amanda Seyfried) is pregnant with her fiancé Sky's child on the Greek island of Kalokairi while running her mother's villa. But, Sophie is unsure she can do it all by herself, so she enlists the guidance of her mother Donna's friends and former bandmates, Tanya and Rosie (played by Christine Baranski and Julie Walters, respectively). Throughout the movie, Sophie learns more about Donna (played by Meryl Streep, with Lily James as Young Donna) and how she met each one of Sophie's dads (Pierce Brosnan, Stellan Skarsgård and Colin Firth) and raised her daughter bravely on

her own, without a mother's guidance. Of course, things are turned upside down by a surprise visit by Sophie's grandmother, Ruby Sheridan (played by Cher).

***Mamma Mia! Here We Go Again* is all about the love between family and the true connection of a mother's bond with her daughter. Keep reading for our [movie review](#) and some tips on how to manage the stress of a first pregnancy:**

#### **Should you see it:**

Yes! This fun musical romantic comedy is filled with fun ABBA songs that will make you want to dance out of your seat. The romantic storylines and bond between a mother and daughter will truly make you fall in love with the movie.

#### **Who to take:**

Seeing this movie is the perfect [date idea](#) for you and your special someone. The movie is romantic, but also tons of fun! Grab some popcorn and a soda and cuddle up with your beau in the theater for this exciting rom com.

#### **Cupid's Advice:**

Being pregnant with your first child is incredibly stressful. Cupid has some tips to help make it easier for you:

**1. Reach out for help:** You don't need to struggle alone in your pregnancy! Reach out to your close family and friends, just like Sophie did. They can help you get through all the rough patches and lend you the advice you need for raising

your child.

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**2. Prepare in advance:** Before actually giving birth to your baby, make sure everything at your home is ready for your bundle of joy's arrival. Make sure your baby's room is all setup, you've got plenty of diapers and you know the route to the hospital. It's never too early to start nesting!

**Related Link:** [Movie Review: Adrift](#)

**3. Take a breath:** We know, having your first child is definitely scary. But take a deep breath and realize that you don't have to be a perfect parent right away. It's okay if you make mistakes, you're only human. You worrying so much is a clear sign your child is going to be raised in extremely caring hands!

**Have any more tips on having your first child? Comment below!**