


New Celebrity Couple: Josh Duhamel Steps Out with Eiza Gonzalez Amidst Relationship Rumors



 By Rhodesia Williams

In [celebrity news](#), Josh Duhamel and Eiza Gonzalez were photographed together for the first time since his split. According to *EOnline.com*, the [celebrity couple](#) were pictured together after what seems to have been a dinner date. Recently, Duhamel, 45, went through a [celebrity break-up](#) from wife, Fergie, after being together for eight years. Rumors have been swirling about the two [celebrity dating](#) for months, and now we have our confirmation. Duhamel and Gonzalez, 28, were also spotted getting breakfast the next day, and apparently Duhamel wore the same clothes from the night before. Could the actor have played his cards right?

This new celebrity couple isn't in hiding anymore! What are some ways to keep your new relationship from hurting your recent ex?

Cupid's Advice:

Moving on isn't always easy, and while it can be a sensitive time, it still has to be done. Cupid has some ways to keep your new relationship from hurting your recent ex:

1. Respect: Respect is the most important part of this whole situation. You and your ex called it quits, and it's important to respect the fact that it takes time to move forward. Not only should you respect this, but your new partner should as well. Parading your new partner around can be hurtful and can cause unwanted drama. Your new love interest may be inclined to stir the pot; don't let them. Make sure everyone respects each other and things go smoothly. Who wants the drama anyway?

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2. Distance: Distance can actually very much help the situation. We're not saying that you and your new flame cannot enjoy going out, but maybe for a while avoid going to places that you and your ex used to frequent. Keeping your new relationship separated from the old is one of the best things you can do. Keeping a respectful distance helps to build a healthy relationship for all parties involved.

Related Link: [Relationship Advice: How to Overcome Dating Burnout](#)

3. Time: Time is an important part of the healing process as well. To "soften the blow," allow your ex to have some time to heal. With some time, your ex should be better about the situation, and you and your new partner will be able to thrive with no drama. They say time heal all wounds, so, in this case, give your ex time to adjust to the fact that you are moving on. Just think about if the shoe were on the other foot.

Do you have some ways to keep your new relationship from hurting your recent ex? Share below.