

Rob Kardashian Shows Support for Celebrity Ex Rita Ora During 'Girls' Controversy



By [Haley Lerner](#)

In recent [celebrity news](#), Rob Kardashian showed support for [celebrity ex](#) Rita Ora in light of the controversy regarding her new song 'Girls', a collaboration with Cardi B, Bebe Rexha and Charli XCX. The song was criticized by artists Hayley Kiyoko and Kehlani as being harmful to the LGBTQ+ community. Monday on Twitter, Ora explained the song, writing, "'Girls' was written to represent my truth and is an accurate account of a very real and honest experience in my life. I have had romantic relationships with women and men throughout my life and this is my personal journey. I am sorry how I expressed myself in my song has hurt anyone." Kardashian, Ora's ex-boyfriend, retweeted her message with six praise hand emojis. According to [EOnline.com](#), Ora and Kardashian had a dramatic [celebrity break-up](#), but it seems the two have since moved on and are on friendly terms.

Rob Kardashian has his celebrity ex's back during this drama. What are some ways to stay on good terms with your ex post-breakup?

Cupid's Advice:

It shows great maturity to support your ex after a break-up. Cupid has some tips on how to keep things amicable post-split:

1. Open communication: While your first instinct after a break-up might be to block your ex on every outlet of social media while ceasing any interactions, it's sometimes better to keep the channel of communication open. Don't be afraid to contact your ex to tie up loose ends. Just because you aren't in a relationship anymore doesn't mean your ex doesn't have to be in your life!

Related Link: [Expert Dating Advice: How to Handle Heartbreak](#)

2. Keep a safe distance: Communication is important, but on the other hand, you don't want to be too friendly with your ex. What's the point of breaking up if you're still talking every day? Make sure to give each other some space for a few weeks post-breakup to let your wounds heal.

Related Link: [Dating Advice Q&A: Should I Remain Friends with My Ex Online?](#)

3. Don't get tempted by drama: It's possible you might have some hard feelings about your ex after your split. Instead of keeping up old grudges over what went wrong in the relationship, let it go! Make sure you avoid participating in the gossip cycle about your ex. Don't worry about who your ex is dating or doing, focus on you.

What are some other tips for staying on good terms with your ex after a split? Comment your thoughts below!