

Celebrity News: Nikki Bella Is Still 'Spending Nights' with John Cena at His Home



By Rhodesia Williams

In [celebrity news](#), John Cena, 40, and Nikki Bella, 34, showed us a possible glimpse of hope in their relationship after they called off their engagement last month, according to [UsMagazine.com](#). Recently, Bella has been spending nights at Cena's house. Let's back track; if you haven't heard, John Cena and Nikki Bella were engaged and ready to tie the knot when the [celebrity couple](#) decided to call off their wedding on April 15th. This well known duo were together for six years, and news of their split shocked many. According to a source, Cena "doesn't want [Nikki] to have to deal with moving after everything they have been through as a couple." It sounds like Cena isn't fully ready to let go of his former fiance if you ask us!

In celebrity news, this formerly engaged couple are still seeing a lot of each other. What are some tips for cutting ties completely after a break-up?

Cupid's Advice:

Sometimes spending time together after a break-up is the worst thing you can do, because it prolongs the inevitability of not

seeing each other every day. It's important to cut ties completely, at least for a while, allowing you both to move on. Cupid has some tips:

1. Move out: If you are living together, someone has to go. It is never healthy to continue to live with someone you are no longer in a relationship. John and Nikki won't be able to heal if they continue to live together.

Related Link: [Fed up, But Can't Break Up](#)

2. Spend time with friends and family: Hang around people who love and care about you! It is not to say the person you are no longer with doesn't care, but you need neutral parties. Nikki Bella is on the right track by going and staying with her sister. Sometimes you need those sad movie watching, ice cream eating, let's just chill kind of nights.

Related Link: [How to Get Over a Break Up](#)

3. Go out: No need to try to jump back on the horse, but sometimes petting and feeding the horses will do. Go out for lunch, go listen to some music, bowl straight gutter balls! Anything to keep your mind off of the situation and to make you feel good. Everyone needs a laugh. Nikki Bella admits to going MIA but sometimes that doesn't help.

What are some other ways to cut ties completely after a split? Share your thoughts below.