

# Best East Coast Beaches for Summer 2018



By [Carly Horowitz](#)

The summer months are upon us, and that means it's beach time! Whether you live on the East Coast and are looking to try out some fabulous beaches near you or you are planning to travel to the East Coast, we have narrowed down the best beaches that you should visit.

Ponder taking a swim at one of these [beautiful vacation spots](#) this

# summer!

**1. The Hamptons, NY:** Multiple towns make up the Hamptons on Long Island. To name a few, there is Westhampton Beach, East Hampton, Southhampton, Montauk, and Sag Harbor. You may have heard of the Hamptons from multiple celebrities taking vacations there. Not only is it a great vacation spot with shopping opportunities and yummy restaurants, but the beaches are amazing as well. The best beaches to visit in the Hamptons are Cupsogue Beach at the end of Dune Road, Rogers Beach in Westhampton Beach, Tiana Beach in East Quogue, Road F Beach in Southhampton, and Wilborg Beach in East Hampton. You can venture to the Hamptons for just one beach day or find a place to stay for a few days. The Hampton beaches make for the perfect destination to venture to with your honey for a [romantic getaway](#) or with your family.

**2. Cape May, NJ:** The vibe of Cape May is so nautical and historical and makes for such an enjoyable overall experience. You can visit Higbee Beach, Poverty Beach, or Sunset Beach. You would definitely enjoy visiting Cape May with your partner because you will both be able to enjoy the historical aspects of it, more so than children would. Spend the day at the beach and then have a wonderful [date night](#) at one of the cool restaurants nearby! Be sure to visit a winery while you are there as well.

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**3. Block Island, RI:** Block Island is such an amazing destination because similarly to the spots mentioned above, there is so much to do in addition to the spectacular beaches that are available. Check out Cow Cove near Settlers' rock, Baby Beach, Surf Beach, Mansion Beach, and definitely swing by the Mohegan Bluffs. Block Island presents 17 miles of beaches

so there are a lot to choose from. Block Island also has some historical aspects to it. If you don't wish to spend the entire day at the beach in the sand, half way through the day look into renting bikes and bike across the beautiful island.

**4. Martha's Vineyard, MA:** Martha's Vineyard offers beaches like Lucy Vincent Beach, Menemsha Hills, Lighthouse Beach, Bend in the Road Beach, and many more. The only way to get here is either by boat or air so that makes the destination even more special. There are many lighthouses, beaches, and farmlands. It is located south of Cape Cod. Be sure to indulge in some seafood while you are visiting.

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**5. Kiawah Island, SC:** If you are looking to venture to yet another island but more down south this time, definitely dip your toes in the water at Kiawah Island. The beach stretches for 10 miles and it is pristinely clean. Also, if you like to golf, spend two days here: one at the beach and one taking advantage of the wonderful golfing that this island has to offer.

The cool thing about these east coast beaches is that each of them present a different atmosphere. Venture to see which one is the best for you and try to travel to even more that are not mentioned. There is so much to explore!

**Do you know of some other amazing east coast beaches? Comment below!**