

# Celebrity Break-Up: Cheating Didn't Play a Role in Jennifer Aniston & Justin Theroux's Split



By [Carly Horowitz](#)

The [Jennifer Aniston](#) and Justin Theroux [celebrity break-up](#) has been the [latest celebrity gossip](#) in everyone's ears the past few days. According to [UsMagazine.com](#), in order to decrease speculation, a source explained that cheating didn't play a role in the celebrity break-up between Aniston and Theroux. "The split is very mutual. They truly want each other to be happy and wish the best for one another," the source said. "Cheating is not the reason for the split and did not happen." A source also said that even though cheating did not play a role in this split, distance may have.

## **This celebrity break-up didn't involve a cheating scandal. What are some ways to know if your partner is cheating?**

### **Cupid's Advice:**

It is definitely not beneficial to be on guard all the time about if your partner is cheating on you, but it isn't bad to be aware that it could happen. Here are some signs that may indicate that there is some infidelity occurring in your relationship:

**1. Less time together:** If your partner randomly begins to have less time for you, they may be spending time with someone else. Obviously if your partner just got a new job or is dealing with some occurrence, they might have less time to spend with you because of that. Talk to your partner and ask why your time together has decreased.

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**2. Emotional distance:** You may begin to notice that something in your relationship just doesn't feel the same. You're not connecting on that emotional level anymore. That may just be because you have gotten very comfortable in your relationship, or it may indicate that the emotional energy that your partner used to put into you is now going towards someone else. Be open and bring this emotional distance to your partner's attention.

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**3. They guard their phone:** Your partner should be relatively open with their phones around you if they have nothing to hide. If out of the blue your partner starts making sure you cannot view their phone, that may not be a good sign. Overall, you can't be sure of anything unless you have proof and you don't want to go out searching for signs of cheating. Just live happily in your relationship and if you really do feel like something may be up, talk to your partner. Hopefully they will be honest with you.

**What are some other indicators that your partner may be cheating? Comment below!**