

Celebrity Couple Tom Brady & Gisele Bundchen Kiss in Costa Rica After Super Bowl Loss



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In [celebrity news](#), [celebrity couple](#) Tom Brady and Gisele Bündchen were spotted in Costa Rica sharing a loving kiss, days after Brady's loss at the Super Bowl, according to [UsMagazine.com](#). He even joked about it on Instagram when he posted a photo of the couple smooching Sunday. "This Sunday's outcome is a lot better than last Sunday's! #losingstreakstopsatone," he captioned. Adorbs!

This celebrity couple isn't letting

the Super Bowl loss affect their relationship. What are some ways to keep negative life events from putting a damper on your relationship?

Cupid's Advice:

It happens. When we are involved in negative circumstances, we tend to misplace our emotions and take out our frustrations on our significant other at times, which isn't okay. Cupid has some advice on how to get around it:

1. Remember what you're mad at: Breathe and think. It's easier said than done, but it works. When we become angry, we can lose sight of what or who we're really mad at, which can lead us to take it all out on those closest to us, like your lover. When surrounded by negativity, clear your head by taking about 10 deep breaths – in and out. Then remember that you're not mad at your partner, and that they deserve your fairness and respect.

Related Link: [Gisele Bundchen Consoles Husband Tom Brady After 2018 Super Bowl Loss](#)

2. Do something with your significant other: It will help take the edge off. When you create a happy place with them, then outside negativity should not be able to reach you there. Also, building positive memories is always a good thing! Be sure to remain mindful of the energy you give out in your happy place because if you're being negative, then what's the point?

Related Link: [George Clooney Opens Up with the Sweetest Statement About Wife Amal Clooney](#)

3. Blow off steam: Chill with your friends. Sometimes when surrounded by the bad, we need to kick back and have some time with our friends. We sometimes also need space from our partners, so this works for both. Don't let bad energy or vibes bring you down, go and have a good time!

How do you avoid taking things out on your partner? Comment below!