

Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever



By [Carly Horowitz](#)

After continuous break-up drama, [EOnline.com](#) reveals that [celebrity exes Kourtney Kardashian](#) and [Scott Disick](#) are very happy with their new normal. Kardashian and Disick have figured out how to successfully co-parent their three children while still very much enjoying their personal lives. Both celebrity exes have seemingly moved on relationship-wisely as Kardashian dates Younes Bendjima and Disick has his arm around Sofia Richie. Kardashian and Disick schedule time to spend both as an entire family together, and individually with their

children. In [latest celebrity news](#), Disick is still part of the Kardashian family, as he also spends time with [Khloe Kardashian](#) and [Kris Jenner](#).

These celebrity exes are proving they can be successful at co-parenting. What are some tips for successful co-parenting?

Cupid's Advice:

It is important to maintain a happy and healthy relationship with your ex as you co-parent your children. It may be hard at first to put your personal feelings aside, so Cupid has some advice:

1. Practice empathy: Try to put yourself in both the shoes of your children and of your ex-partner. It is beneficial to try and understand how they feel in order to act accordingly and make the best of the situation at hand.

Related Link: [Parenting Tips: Co-Parenting During the Holidays](#)

2. Put your children's well-being first: Even if for some reason you are in an argument with your ex, keep in mind that your children don't want their family outing rescheduled because their parents can't get along. Take a deep breath, and make sure you don't brush off your children's feelings.

Related Link: [Parenting tips: 5 Tips for Co-Parenting](#)

3. Make a clear schedule: Take time to organize the availability you have for family time – just time with your kids, and personal time. It's all about balance!

How do you successfully co-parent your children? Comment

below!