

Celebrity News: Arie Luyendyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'

By [Jessica Gomez](#)

In [celebrity news](#), Arie Luyendyk Jr. handed out the first impression rose to a woman named Chelsea on the two hour season premier of [The Bachelor](#). According to [UsMagazine.com](#), Chelsea gave a “villainous first impression.” Chelsea was the first to get some one on one time with Luyendyk, and she was not playing nice throughout the night with the other women. She spoke negatively of the other contestants with no shame, receiving the label of “aggressive” from some of them. Although Chelsea gave the other girls a negative vibe, she clearly gave Luyendyk a good one since she got both a kiss and the first impression rose that night. Could Chelsea and Arie possibly be the next [celebrity couple](#) from the show, or did Chelsea’s tactics just get her through the door? Too soon to tell! Let’s keep watching every Monday at 8 p.m. ET on ABC.

This celebrity news has us excited for the upcoming season of The Bachelor! What are some ways to make a good first impression on your crush?

Cupid’s Advice:

First impressions have a lasting effect and are very important. Cupid has your back with these tips:

1. Be yourself, and don't fake it. You want someone to like you for you – and so, you want to put your best face on, not a different one. Never be afraid to show the real you. Of course, you don't want to give away too much though – there tends to be something intriguing about the mysterious girl or guy. Be confident and put your best foot forward.

Related Link: [Celebrity Couple Miley Cyrus & Liam Hemsworth 'Have Zero Plans' for a Wedding](#)

2. Take initiative: Show them you're interested by starting a conversation or keeping it going. But also know when to stop talking. Have a balance of both, listen and speak while paying attention to your crush's body language and vibe. And don't forget to be straight forward!

Related Link: [Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

3. Smile: Most people are attracted to those who are positive. Smiling is a kind and warm gesture, that signifies happiness. It is the easiest way to give out good vibes, and what sane person isn't attracted to good vibes? Smiling can also be another way to show your crush you're interested.

What are some ways you've impressed your crush during the first encounter? Comment below!