

Celebrity News: Khloe Kardashian Steps Out with Tristan Thompson After Pregnancy News



By [Melissa Lee](#)

Days after rumors began swirling about [Khloe Kardashian's](#) apparent pregnancy, she was spotted in Cleveland on Sunday with long-term boyfriend, Tristan Thompson. [EOnline.com](#) reported that the couple are expecting their first child together, though Kardashian has kept quiet on the subject since. Earlier in the week, it was allegedly announced

that Kardashian's half-sister Kylie Jenner is pregnant, and Kim Kardashian announced that she is expecting her third child via surrogate. Despite all the buzz surrounding the Kardashian-Jenner clan, Kardashian is continuing to stay silent.

This celebrity news shows us that life must go on after a big media announcement. What are some ways to support your partner through her pregnancy?

Cupid's Advice:

The pregnancy process can both be extremely exciting and stressful, so we're betting that Khloe is thankful to have someone as sweet as Tristan by her side! If you are struggling to support your partner through her pregnancy, head below to check out some of Cupid's tips:

1. Listen closely: It's easy to feel helpless during this emotional time, but it is also important not to assume what your partner needs or doesn't need. Instead of playing the guessing game, simply ask what she needs or wants from you. Find simple ways to make her life just a little bit easier, and your efforts will definitely be appreciated.

Related Link: [Celebrity Baby News: Khloe Kardashian Is Expecting First Child with Tristan Thompson](#)

2. Surprise her: Every now and then, go the extra mile for your partner to show how much you love and appreciate her. Whether it's breakfast in bed, a bouquet of flowers, or a weekend getaway, small efforts will definitely remind her of the excitement of having a baby. These little surprises are

both super supportive and sweet.

Related Link: [Celebrity Baby News: Source Says Kylie Jenner's Pregnancy with Travis Scott 'Definitely Wasn't Planned'](#)

3. Lift the weight off her: While it's impossible to *physically* lift the weight off your partner, you can definitely do so emotionally or mentally. Instead of letting her do chores around the house or go food shopping, take the responsibility to do it yourself. Regardless of what your routine is, try your best to help her ease into the pregnancy so she isn't as stressed out.

What are some of your tips for being a supportive partner during a pregnancy? Share your thoughts below.