

# Celebrity Divorce: Mel B Makes Fashion Statement About Her Ex At The VMA's



By [Marissa Donovan](#)

This *America's Got Talent* judge is proud to be single and divorced from her husband. According to [People.com](#), Spice Girl singer Mel B made an appearance at the 2017 MTV's Video Music Awards wearing a dress that said "You Will Never Own Me." Many have speculated that the eye catching message alludes to her ongoing divorce and a temporary restraining order against her [celebrity ex](#) Stephen Belafonte. The single celebrity will be back in court on September 25th to make arrangements.

# This [celebrity divorce](#) has inspired Mel B to make a bold [fashion statement](#). How can you empower yourself through a messy divorce?

## Cupid's Advice:

Don't allow your divorce to get the best of you! Although this may be a troubling process, it's best to stay strong and keep your head up. Here are some ways you can empower yourself through a messy divorce:

**1. Focus on your family and career:** Let the new direction of your life to steer you in the direction of your family and your career. Focusing on your career will allow you to evaluate your current job and decide what your next move might be. Your family will also be a good outlet to help you move on from pain and give you the support to move on.

**Related Link:** [Mel B. Speaks Out about Husband Stephen Belafonte's Alleged Abuse](#)

**2. Refresh your look:** After any divorce or break up, some people feel the need to get a new hair cut or wardrobe. Embrace the changes that you desire! Making new changes will help you think positively about starting over in your life. If that means updating your fashion or hair style, then go for it!

**Related Link:** [Former Spice Girl Geri Halliwell Is Engaged to Formula One Boss Christian Horner](#)

**3. Start reading:** Brush up on your reading with books that have encouraging plot lines or read your favorite genre for comfort. Even if you're not a big reader, try finding a book at a bookstore or Amazon you could see yourself reading.

Reading through your divorce will make you become invested in something besides the problems you may be facing.

**What do you think of Mel B's dress? Let us know in the comments!**