

FIND OUT ABOUT GEORGE & AMAL CLOONEY'S FIRST WEEK AS CELEBRITY PARENTS



By [Marissa Donovan](#)

It's been a week since Amal and [George Clooney](#) became parents to twins. The Clooney family of four spend some time in the hospital before welcoming the twins into their house in England. According to sources who spoke with [EOnline.com](#), George and Amal have hired nurses to help with the twins sleeping schedule for eight weeks. The [celebrity couple](#) have also had help from locals in their community. The community members have been guarding photographer from circling around their home. George and Amal have embraced the challenges of being [celebrity parents](#) to both their daughter and son.

These celebrity parents no doubt have their hands full with their newborn twins. What are some ways to prepare your relationship for the addition of twins?

Cupid's Advice:

Newborn twins can be overwhelming and can put a strain on your relationship. Here are some tips for helping you stay happy during their arrival:

1. Make a sleeping schedule: Although you might not have at home nurse like the Clooneys, make sure you and your partner work out a sleeping schedule for your children. Reading parenting books can help you strategize how to take turns getting up during the night. Take turns taking naps to avoid being cranky with each other.

Related Link: [Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!](#)

2. Have your parents come over to help: Your parents are probably waiting for you to ask them for help! Spending time with their grandchildren is something they've been looking forward to. Taking them up on an offer or asking for their help will allow for quality time to relax with your partner.

Related Link: [Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z](#)

3. Complement each other parenting abilities: Giving each other compliments can increase the love and trust you have for another. Words can insure that you both still deeply care about each other, despite the stress your twins have been causing. Even a thank you can allow the person to know you value them as a partner and a parent.

Do you have any tips for keeping your relationship strong while having twins? We want to hear about your experiences in the comments!