

Celebrity Break-Up: Hilary Duff & Michael Koma Split



By [Delaney Gilbride](#)

In [celebrity news](#), [Hilary Duff](#) and Michael Koma are finally coming clean following their [celebrity break-up](#) in early March. According to [EOnline.com](#), the [celebrity couple](#) had only dated a few months before busy schedules ended their short relationship last month. Following the duo's red carpet debut at the pre-SAG Awards at the end of January, Duff and Koma enjoyed multiple romantic vacations around the globe. The 29 year-old actress shared a snuggly photo of the two on a beach from a getaway to Costa Rica in February entitled, "Take me back to Costa with him," only months ago. We're sad to see them split!

The writing seemed to be on the wall for this celebrity break-up. What are some tell-tale signs that your relationship has run its course?

Cupid's Advice:

When you're blinded by love it may be difficult to tell when your relationship just isn't working out anymore. So, how are you supposed to know when it's time for something new? Cupid's here with some [relationship advice](#):

1. You're picking fights with each other: Of course it's completely normal for couples to bicker – it would be weird if they didn't. But if you're aware of the fact that you and your partner are constantly picking fights with one another, you have to be aware that you feel the relationship is ending. You may be nudging at the idea that you want them to break up with you first rather than the other way around.

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2. Your significant other is your source of stress: Life is already stressful as it is... why would you want your significant other to be your source of stress rather than a source of love? Your partner is supposed to be the person you come home to in order to *de-stress*, not the other way around. If this is the case your relationship is going nowhere fast.

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3. You're happier alone than with your partner: If this isn't a reality check then I don't know what is. If you genuinely

feel better being *alone* rather than being with your partner, you've already made the big decision about your relationship. Stop stressing about the person that isn't making you happy and focus on yourself for once!

Have you just gone through a break-up? Comment below and let us know when you knew enough was enough.