

CELEBRITY NEWS: MEGHAN TRAINOR TALKS BOYFRIEND LEARNING SIGN LANGUAGE AFTER HER VOCAL SURGERY



By Christa Ganz

In recent [celebrity news](#), pop music superstar Meghan Trainor opens up about last year's secret vocal surgery. Trainor, 23, got emotional on *The Ellen DeGeneres Show*, which aired on April 7. "I really couldn't talk since December," explains Trainor. When speaking about her difficult journey to recovery, Trainor can't help but open up about her [celebrity relationship](#). During a heartwarming story, Trainor expressed her gratitude toward boyfriend Daryl Sabara. According to [UsMagazine.com](#), the 24-year-old *Spy Kids* actor stuck by Trainor's side the whole time. Trainor tells Ellen, "The real trooper was my boyfriend because he learned sign language for me. I would spell out words for him. He just stuck with me through it. He was great ... He's better than whatever I wished for." Trainor and Sabara began their relationship in fall of 2016. While they haven't been together long, Trainor isn't shy about her pride in her relationship. In her interview with [Cosmopolitan](#) for the May 2017 issue, Trainor reveals why she feels so strongly for Sabara. "I never really felt sexy with guys before. No one expressed how they liked my body out loud in the bedroom until I met Daryl. He is obsessed with it – every inch. He's a champion, so we're in heaven."

This celebrity news has us aww'ing majorly! What are some ways to support your partner through a health scare?

Cupid's Advice:

Getting news from the doctor can be a scary experience. Here's how to support your partner during this rough time:

1. Offer up: A helpful way to show your support is by offering comfort. Ask if you can pick anything up to make them feel better, such as food, dessert, movies, books, pillows and anything they might request. Let your partner know you're there to relieve them of any burden or discomfort.

Related Link: [Celebrity Couple News: Meghan Trainor Gushes Over Boyfriend Daryl Sabara](#)

2. Go with them: With their consent, join your partner as they attend their doctors visits. Sometimes feeling alone can be the hardest part of a health scare. Show your partner they don't have to go through this alone.

Related Link: [Celebrity News: Miranda Lambert's Boyfriend Anderson East 'Couldn't Be More Proud' After ACM's Wins](#)

3. Keep them occupied: If they are well enough to go out, bring them to the movies or dinner. If it's best they don't leave the house, bring the entertainment to them! Host a game or movie night to lift their spirits during a difficult time.

Have a story about supporting your partner through a health scare? Let us know by commenting below.