

CELEBRITY STYLE: WHICH CELEB BODY DO YOU MOST RESEMBLE?



By Rayne Parvis

Do you wish you had the secret to looking your best in your clothes like your neighbor, friend or iconic movie star? Knowing what styles work for your body shape is essential to getting the best overall appearance. When you look at your favorite character from television or a movie, notice how they wear the same few silhouettes. This is because their glam celebrity style squad knows what to buy so they'll always look their best.

Find the celebrity your body most resembles and get stylin'!

Drew Barrymore, [Jessica Simpson](#) and Jennifer Hudson: You're wider on top than the bottom and are considered to have an apple body type. You most likely have a full bust and slender legs. Create a balance by wearing more subdued darker patterns and colors on top—and brighter hues and textures on the bottom. This balances out your shape. V-necks

are your friend too!

Jennifer Lopez, Beyonce and Kelly Clarkson: You have wider hips, narrow shoulders, smaller bust and are bigger on the bottom. Your body type can be described as pear shape. Create a balance in your shape by wearing your brighter patterns and colors up top. Minimize your bottom half with darker colors and simple bottoms.

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Gwyneth Paltrow, Nicole Kidman and Keira Knightly: You have an overall thin frame with an undefined waist, little curves like a rectangle. You can indulge in most necklines and can create the appearance of a curvier figure with full circle, trumpet and flared skirts and feminine tops that cinch at your waistline creating a hourglass shape.

Marilyn Monroe, **Kim Kardashian** and Christina Hendricks: You have a defined waist and your hips and bust are noticeably wider imitating an hourglass shape. Emphasizing your waist is key! Make a friend with a tailor. Most of your wardrobe will need to be taken in at the waist. Wrap dress and styles that have a built in waist will pair well with your body type.

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Oprah and Melissa McCarthy ladies are considered extra curvy in addition to one of the shapes above. Always create a waist and go for v-neck necklines. You can create an illusion of a smaller waist with belts– or buying styles that already have a seam that makes one for you–like A wrap or body seamed sheath dresses.

The common goal for all body types is to create and enhance your waist like the sex symbols of the 1950's. You can implement these simple tips to feel fab at any size.

For more tips on how to style and shop for your personality, body-shape and lifestyle grab a copy of "Ultimate Guide to Style:From Drab to Fab!" on [Amazon](#). If you would like more fashion wisdom subscribe to her blog at www.StyleByRayne.com and follow her on Instagram [@rayne-parvis](#) for inspiration to be bold & all kinds of beautiful.