## Brooke Mueller Gets Restraining Order Against Charlie Sheen





drama sparked by Charlie Sheen keeps expanding, this time with estranged wife Brooke Mueller filing for a restraining order this past Tuesday, <u>People</u> reports. Sheen, who has recently been in the media spotlight for his bizarre escapades and strange interviews, even caused taping of the prime-time show Two and a Half Men to suspend production. Although Mueller may

have ordered Sheen to stay at least 100 yards away from her, the custody issues of Mueller and Sheen's two-year-old twin boys have yet to be discussed.

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If your partner has a mental breakdown, what should you do?

Cupid's Advice:

It seems as though Charlie Sheen has quite simply lost his

- mind. And as strange and bizarre as these sudden outbursts may be, a mental breakdown is an illness sometimes:
- 1. Offer love and support: This may come to be harder than you think if the one you love seems to have a sudden change of heart and comes off as a completely different person himself. Remember the person you know and love, not the disease.
- 2. Get somewhere safe: There is no telling what someone with an unstable mind may attempt. Make sure you and your children are somewhere safe, and always keeps a cellphone on you for emergencies.
- 3. Have someone to talk to: You may not be the one with the breakdown, but that doesn't mean it won't directly affect you. Have a confidant that you'll be able to lean on for extra support when things start to get tough.