

Celebrity Couple Drake & Rihanna Call It Quits



B

y [Mallory McDonald](#)

Another [celebrity couple](#) bites the dust. This time, Rihanna and Drake have called it quits and have yet again become [celebrity exes](#). The two have been on and off together for over seven years and just can't seem to make it work. According to [UsMagazine.com](#), "She doesn't want to be held down." A second insider adds, "They will always be close. If they end up together, it could happen, but not now." The same source claimed that they were never serious and just hanging out casually. Fans really believed that the two were in it for the long haul this time around. Unfortunately, it wasn't the right time for the relationship to work.

This celebrity couple is no more ... again! What are some ways an on-again-off-again relationship is unhealthy?

Cupid's Advice:

When you care about someone so much it can be easy to keep going back to them even when it isn't working. Cupid is here to help you decide if it is becoming unhealthy:

1. Dependency: When you are in a relationship that you know isn't working, but keep going back to them anyway, it can put you in a pattern of being dependent on this person being in your life. Establish your independence, and make a decision from there.

Related Link: [Celebrity News: Rihanna & Drake go 'Dancing and Drinking' After 2016 MTV VMAs](#)

2. Emotional turmoil: Constantly breaking up and getting back with a person can be emotionally draining. Not accepting that this relationship is unhealthy can have your emotions constantly fluctuating will only put more stress on the relationship.

Related Link: [Celebrity New: Drake Confesses Love For Rihanna at VMAs](#)

3. Unstable environment: Trying to constantly make an on-again off-again relationship work when it is emotionally draining you and leaving you exhausted is leaving your life unstable. It can also be keeping you from focusing on the important things in life.

How did you know your relationship was becoming unhealthy?

Comment below!