

Celebrity Couple Lauren Conrad & William Tell First Met When She Was 16



By

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People can come into our lives at the wrong time, but if it's meant to be, they may just come back around at the right time. According to [UsMagazine.com](https://www.usmagazine.com), Lauren Conrad was only 16 the first time she met her now husband, William Tell. In sharing 25 things her fans didn't know about her to *Us*, Conrad shared, "I met my husband when I was 16 and sitting on stage at one of his concerts. Ten years later, we were set up on a blind date." After their [celebrity wedding](#), both Conrad and Tell are settled in together as a happy [celebrity couple](#).

This celebrity couple has known each other for longer than expected! What are some benefits to dating someone you've known since your teenage years?

Cupid's Advice:

There is something to be said for a person who has known you for almost all of the important stages of your life. Here are some [dating tips](#) on dating someone from your past:

1. Open Book: Odds are that if you have known someone since you were a teenager, there isn't too much they don't know about your past and present. This can alleviate a lot of the awkwardness that often comes when you first start to date someone. You can skip having to share all of the things from your past.

Related Link: [Lauren Conrad Celebrates Girly Bridal Shower](#)

2. Trust: The longer you know someone, the more trust the relationship will have. There won't be any one else who will have that level of established trust right from the beginning other than someone you have known for years.

Related Link: [Lauren Conrad Ties the Knot with William Tell](#)

3. Get to be yourself: You have known this person since you were a teenager, and there are probably not many people out there who know you better. Being yourself comes naturally, so don't try to impress anyone by being someone you're not.

Would you date someone from your younger years? Comment below!