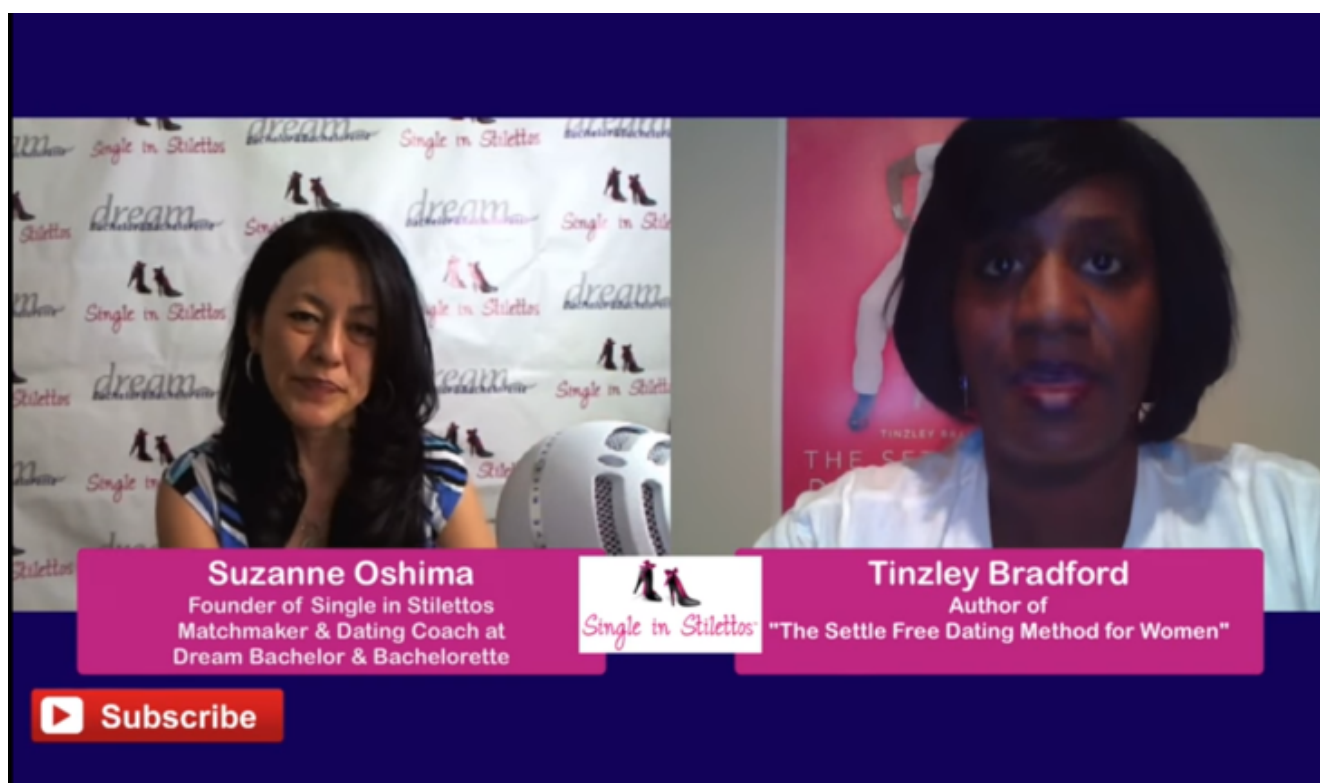


# Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer her [dating advice](#) for those questioning whether they should be happy with themselves before meeting a man. Follow these dating tips to help find a happiness that isn't dependent on a man.

## Dating Advice On Being Happy Before

# Settling Down

**1. Take time for yourself.** You need to find someone that complements you rather than completes you. Focusing on what makes you happy will make you feel fulfilled and help attract someone who admires your happiness.

**Related Link:** [Dating Advice: 3 Tips to Turn Around Your Dating](#)

**2. No settling.** Don't settle for less than you deserve. If you're complacent with a mate that isn't right for you, there is no way you can be happy later on. Also, if you aren't happy with yourself, you will end up resenting the man you're with because you aren't satisfied with where you're at in life.

**Related Link:** [Relationship Advice: How to Find Real Love](#)

**3. Find balance.** You must be present in your relationship. Men seek out attention the same way women do. So if you're pursuing your dreams or career, make sure to follow this dating advice and take time away from work to be with your significant other.

*For more relationship advice videos and additional information Single in Stilettos show, click [here](#).*

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