

# Celebrity Couple News: John Legend Defends Chrissy Teigen in Face of Parenting Criticism



By [Brooke Crawford](#)

In latest [celebrity couple](#) news, [John Legend](#) came to the defense of his wife, Chrissy Teigen, after the social media trolls scrutinized. According to [celebrity news](#), [UsMagazine.com](#) shared that Legend supported his wife in the decision to take a night out on the town after only giving birth a few weeks prior. The couple took the same united and uninterested stance about the recent social media drama.

# This celebrity couple is taking some heat. What are some ways to get through unfair drama as a united front in a relationship?

## Cupid's Advice:

It can be frustrating to deal with unnecessary incidents that undermine your parenting skills. Luckily, Cupid is here with [relationship advice](#) to help:

**1. Be supportive:** When the drama starts, it is helpful to have a spouse that is supportive through it. Be sure to be encouraging and uplifting during this time so that you both can let it roll off with ease.

**Related Link:** [Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters](#)

**2. Ignore it:** There are times when it is better to just ignore the outside noise that is disrupting your life. Be sure to take your attention and focus it on something that is of more importance.

**Related Link:** [Celebrity News: Jennifer Garner Says She & Ex Ben Affleck Will Make Co-Parenting Work](#)

**3. Address it:** When all else fails, address those who are stirring up the trouble. When you face the drama, it takes the ammunition away from those who are posing as a problem.

**Making sure that you handle drama correctly is a task. How have you had to deal with unnecessary trouble? Share with us below.**