Celebrity Couple News: Zac Efron & Sami Miró Split After 2 Years Together



Cortney Moore

In <u>celebrity relationship</u> news that no one saw coming, Zac Efron and his two-year long girlfriend Sami Miró have called it quits! The <u>celebrity couple</u> was last seen grocery shopping together on April 11, but have since been spotted individually at separate events in the past three weeks. This <u>celebrity</u> <u>news</u> is especially surprising since Efron was on *The Ellen DeGeneres Show* last month saying his relationship with Miró was going "great," while Miró tweeted from Coachella on Friday "Donde estas mi amor" (Where is my love?). According to <u>People.com</u>, Efron removed all photos of Miró from his Instagram account and has unfollowed her on social media. Hopefully this break-up wasn't an ugly one!

This celebrity couple is no more. What are some ways to make a relationship work in the midst of stressful work lives?

Cupid's Advice:

Work can be stressful enough as it is, and balancing a relationship at the same time makes it even more challenging. Cupid is here to help you keep your work life and relationship on track:

1. Mark your calendars: It's important to keep track of your professional and personal schedules. Taking time to compare your calendar to your partner's will help both of you coordinate free time, while also making sure you keep track of your work duties.

Related Link: <u>Celebrity Couple Brad Pitt and Angelina Jolie</u> <u>Are Filming a New Movie Together</u>

2. Set up dates: When you and your partner have found times you're both available, planning a few dates are in order. Adding some romance and fun will help combat any stress you may be experiencing at work.

Related Link: <u>Dating Advice: Balancing Your Career &</u> <u>Relationships and Love</u>

3. Include your partner: If there isn't any time for a date, take time to speak with your partner about work. Your partner may be able to offer some valuable input, and you will feel less stressed when you're allowed to vent. Including each other in what is going on in your work lives will make you feel closer even if you're on different career paths.

Have experience balancing work life and your relationship? Share your stories below.