

Weekend Date Idea: Spa Day at Home



By Ché Blackwood. Updated by [Brooke Crawford](#).

Warm weather is on its way, bringing with it romantic outdoor dates in mini-skirts and toe-baring sandals. But first, you and your honey need to leave all of your winter stress behind. What better way to do so than to treat yourself and the one you love to a spa day at home! Keep the day intimate by pampering one another on this [weekend date idea](#).

Spoil Your Partner with This Spa-

Inspired Date Idea

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Start off by giving each other manicures. If your beau protests, remind him that there is nothing wrong with a man keeping his nail beds healthy. A bonus palm massage will keep the afternoon flirty. Let him pick out a color and *attempt* to paint your nails. Keep some nail polish remover handy just in case he has trouble staying in the lines. If you're feeling daring, give each other pedicures to get your feet sandal-ready.

Spend the next hour of this date idea creating makeshift facials with items you already have in the house, like lemons, yogurt, and honey. You can also purchase a mud mask from a drug store or splurge by heading to a salon to experience the pore-cleansing heaven together. If you do stay at home, apply a mask to your partner's face by taking the time to massage it into his temples, cheeks, and jaw. This simple act will leave him relaxed and feeling like he received a professional facial.

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A healthy diet is just as important as soft skin, so be sure to cook a low-calorie meal together afterwards. If you want to keep it light, blend together a mixture of organic berries and Greek yogurt for a delicious smoothie.

Once you are done, take a few moments to meditate with one another. Sit in silence and enjoy the tranquility of a quiet afternoon with the one you love. This [dating advice](#) is sure to relax you both and refocus your relationship.

How do you like to pamper your honey? Let us know in the comments below!