

# Weekend Date Idea: Walk for a Charity



By Gabby Robles. Updated by [Brooke Crawford](#).

The sun shines brightly, and the air is a cool. It's particularly enjoyable outside, and charity walks are perfect for this time of year. Throw on a pair of leggings and lightweight t-shirt to take a walk for a cause with your lover. Sometimes, weekend [date ideas](#) can get repetitive. The movie theater, a favorite restaurant, or the local art gallery are all typical date night spots. Try our dating advice and do something that will give back *and* get your heart rate up!

# Give Back With This Date Idea

Finding a charity walk is simple. If one of your Facebook friends is not posting about one, check out local listings on your own. Check your local Starbucks; each store has a non-profit board that often has all sorts of charity events posted.

**Related Link:** [Celebrity Couples Who've Made the World a Better Place](#)

If you want to choose a cause that is close to your heart, search for events related to that cause and see if there is a walk going on. Runs that fund breast cancer or leukemia research and poverty are pretty common. You and your significant other can talk about what charities are important to you. Make it a topic of discussion to deepen your bond and open you up to each other.

Doing a charity walk not only promotes and helps out the cause, but it's also a great way to do a fun workout with your sweetheart. Usually, these walks are at least a 5K, so you'll be able to replace gym time. Even if you opt to walk rather than run, as many people do, you can have some alone time with your significant other and possibly make a few friends along the way.

**Related Link:** [Date Idea: Volunteer Together](#)

Most walks take place in the morning, so end this charitable date idea by heading to your favorite brunch spot to recap the morning and share a delicious meal.

**What charity events have you participated in? Share with us in the comments below.**