

# Celebrity Baby: One Direction's Louis Tomlinson Welcomes First Child



By Jasmine Igwegbe

As we change diapers, diapers can also change us. In the [latest celebrity news](#), One Direction's Louis Tomlinson is expecting a [celebrity baby](#) with L.A.-based stylist Briana Jungwirth. Fatherhood for Tomlinson was, of course, unforeseen, but luckily he is thrilled about bringing a [celebrity baby](#) into the world, according to [UsMagazine.com](#). Both Tomlinson and Jungwirth are looking forward to partaking in this changing experience.

# This celebrity baby was a surprise, but a happy one! What are some ways to cope with a surprise pregnancy?

## Cupid's Advice:

While some sit down and plan to enter parenthood, others are unexpectedly invited with the help of a surprise pregnancy. Cupid has some advice on what to do if you are unexpectedly invited:

**1. Educate yourself:** It is important to be educated about pregnancy when giving birth. Being well informed makes those 9 months fly by with confidence and excitement. With today's technology constantly improving, the internet is one of the many ways to become educated. Make sure you make a list of everything you are concerned about or need more information on, and use the internet to help you with the answers. Obtain information, but don't take in so much that it becomes overwhelming.

**Related Link:** [Simon Cowell Gives Louis Tomlinson Parenting Advice in Latest Celebrity News](#)

**2. Get a support system:** An unforeseen pregnancy may be overwhelming. Talk to your partner, friends or family members to help nail down a plan. These conversations can give you insight into what you can do at tough times during pregnancy. Your support system can also help you prepare and reassure you that you are not making a bad decision.

**Related Link:** [3 Ways to Support Your Anxious Partner](#)

**3. Change your perspective:** The questions you ask yourself during pregnancy shape your experience. Instead of looking for who to blame for being pregnant, ensure that you are okay. Ask yourself how you can make the situation better for you and

your baby. Find solutions instead of creating more conflicts.

**What do you believe are some ways to cope with a surprise pregnancy? Share with us below.**