

Celebrity News: Charlie Sheen's Celebrity Ex Tweets About 'Stressful' HIV Test



By Abbi Compel

In latest [celebrity news](#), Charlie Sheen's celebrity ex, Bree Olson, tweets about a stressful test she took. [UsMagazine.com](#) reports Olson took an HIV test on Monday, November 16th. This was after Sheen was confirmed to be HIV-positive. Sheen talked about his health on the Today show on Tuesday. We are hoping for the best for the both of them!

This celebrity news is a reality check. What are some ways to know if your partner is trustworthy?

Cupid's Advice:

Trust is a very important in a relationship. It can be hard to read people sometimes and know whether they are being honest or not. Cupid has some love advice on some ways to know if your partner is trustworthy or not:

1. Talk to them: If you feel like you don't trust your significant other, talk to them about it. Let them know what is making you feel uncomfortable. If they make an effort to fix it then you know you can trust them.

Related Link: [Gavin Rossdale Steps Out Wearing Band on Ring Finger Post Affair Celebrity News](#)

2. Trust your gut: The first thing you should do is trust your instincts. If you don't feel like things are going right and you can't trust your significant other, then that is the first time to either let go or talk it out. Make sure to always follow your gut and whatever you truly feel.

Related Link: [Celebrity News: Jennifer Lawrence Gets Emotional About Ex Nicholas Hoult](#)

3. If they are open: If your significant other is open about your relationship and easy to talk to then you know they are trustworthy. They should be comfortable and tell others about the two of you. That is a big sign.

What do you think are the best ways to know if your partner is trustworthy? Share below!