

# Gavin Rossdale Steps Out Wearing Band on Ring Finger Post Affair Celebrity News



By Katie Gray

Gavin Rossdale stepped out wearing a wedding band on his ring finger after news of his affair came out in latest [celebrity news](#). According to [UsMagazine.com](#), Rossdale admitted that he cheated on Gwen Stefani with their nanny during his 13 year marriage to her when they were the golden [celebrity couple](#). Stefani and Rossdale are currently going through a [celebrity divorce](#). Stefani is now in a new celebrity relationship with Blake Shelton.

# This celebrity news shows Gavin is trying to get out and recover. What are some ways to get past deadly relationship gossip?

## Cupid's Advice:

Nothing is more annoying than having to hear about gossip when it comes to your relationship. Nobody wants to have rumors flying around about them. If this is happening to you, make sure you stay true to yourself, stay close to your loved ones and set the record straight. Cupid has some tips on how to get past deadly relationship gossip:

**1. Ignore it:** Although it's easier said than done, it is very important to ignore the gossip swirling around and not let it affect you. Don't pay attention to it, because that is what they want. Distract yourself with things that actually matter to your life!

**Related Link:** [Gavin Rossdale Cheated on Gwen Stefani for Years](#)

**2. Be yourself:** People are going to talk, so let them talk. In fact, give them something to talk about! When people are trying to bring you down, use that as your motivation to keep doing good things. Focus on your career, enjoying life and spending time with people who you love!

**Related Link:** [Former Celebrity Couple Gigi Hadid and Joe Jonas Split](#)

**3. Rise above:** It's important to always take the high road, especially when people are gossiping about your relationship. The best thing to do is to remain calm, set the facts straight, keep working hard and surround yourself with positive people who are actually meaningful to you.

**How have you got past relationship gossip? Share your stories with us below!**