

# Relationship Experts Q&A: Does Social Media Stalking Create False Intimacy?



*Question from Anna C.: I've had a crush on my neighbor for a while, and he finally asked me out on a date! Since we've lived near each other for nearly a year, we're already friends on Facebook. Of course, I've looked at his profile in that time, and I feel like I really know him. On our date, is it okay to bring up something I saw on his profile, or should I avoid mentioning anything I've learned from social media stalking?*

Read on to see the [relationship experts](#) dating advice!

# Relationship Experts Share Dating Advice On Social Media Stalking

[Suzanne K. Oshima, Matchmaker](#): If it was something that you saw on his profile awhile back, then I would avoid bringing it up. He'll know that you've been snooping around his Facebook page and it could raise an "eyebrow" in his mind. As a relationship expert, I tell my clients that you never want to appear like you're more interested in him than he is in you. So, just play it cool on the first date and have fun. As you go out on more dates and you get to know him better, then it would be okay to bring up something you saw on his profile because then it would be more appropriate.

**Related Link:** [Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?](#)

Paige Wyatt, Reality TV Star: It's absolutely okay to mention something you saw on your dates Facebook profile on the first date! It's a good way to connect and create a comfortable conversation. But you've got to make sure you say you saw it on their profile. If you say, "Hey, I saw that funny video on your page last week with the cats!" it can start a conversation, but if you say "I think cats are so funny!" it might get a little weird. Guys can get creeped out if you try to hide the fact that you looked at their social media. Honestly, that seems a little more stalker-ish, like you're secretly watching them. If you're open about seeing things on their profile, they're more inclined to feel flattered that you took an interest in their stuff!

**Related Link:** [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

[Robert Manni, Guy's Guy](#): Since you were neighbors and had connected offline prior to dating, I suggest leaving Facebook behind for now. Checking his profile now and then is

understandable, but as you know, social media posts can lead to assumptions and misconceptions. If I were you, my love advice is to consider yourself lucky to be dating someone that interested you from afar. That's a great start. Now it's time focus on building a relationship and love face to face, and hopefully cheek to cheek.

*To find out more about our three dating and technology gurus, click [here](#).*

*If you have any questions you would like answered by our relationship experts, please e-mail them to [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com).*

**Do you think social media stalking creates false intimacy?  
Share your dating advice with us in the comments below!**